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The formation of a micelle is a response to the amphipathic nature of fatty acids, meaning that they contain both hydrophilic regions (polar head groups) as well as hydrophobic regions (the long hydrophobic chain). Micelles contain polar head groups that usually form the outside as the surface of micelles. They face to the water because they are polar. The hydrophobic tails are inside and away from the water since they are nonpolar. Fatty acids from micelles usually have a single hydrocarbon chain as opposed to two hydrocarbon tails. This allows them to conform into a spherical shape for lesser steric hindrance within a fatty acid. Fatty acids from Glycolipids and phospholipids, on the other hand, have two hydrophobic chains that are too bulky to fit into the a spherical shape as micelles do. Thus, they preferred to form glycolipids and phospholipids as "lipid bilayers", which are discussed in the next section. Micelles form spontaneously in water, as stated above this spontaneous arrangement is due to the amphipathic nature of the molecule. The driving force for this arrangement is the hydrophobic interactions the molecules experience. When the hydrophobic tails are not sequestered from water this results in in the water forming an organized cage around the hydrophobic tail and this entropy is unfavorable. However, when the lipids form micelles the hydrophobic tails interact with each other, and this interaction releases water from the hydrophobic tail and this increases the disorder of the system, and this increase in entropy is favorable. The preferred structure of lipids in aqueous solutions are usually a bilayer sheet of lipids rather than spherical micelles. This is because the two fatty acid chains are too big and bulky to fit into the interior of a micelle. Therefore, micelles usually have one hydrocarbon chain instead of two. Lipid bilayers" form rapidly and spontaneously in an aqueous media and are stabilized by hydrophobic interactions, Van der Waals attractive forces, and electrostatic interactions. The function of the lipid bilayer is to form a barrier between the two sides of the membrane. Due to the fact that the lipid bilayer consists of hydrophobic fatty acid chains, ions and most polar molecules have trouble passing through the bilayer. The one exception to this rule is water because water has a high concentration, small size, and a lack of a complete charge. In order for a molecule to pass through the lipid bilayer it must move from an aqueous environment to a hydrophobic environment and then back into an aqueous environment. Therefore the permeability of small molecules is related to the solubility of said molecule in a nonpolar solvent versus the solubility of the molecule in water. Micelles can also have a structure that is inside out of its normal structure. Instead of having the hydrocarbon chains inside, they can face outside and while the polar heads are arranged inside the sphere. This happens in a "water in oil" situation because there is so much oil surrounding the drop of water that the hydrocarbon chains face outside instead of inside. Size Sizes of micelles range from 2 nm (20 Å) to 20 nm (200 Å), depending on composition and concentration. The size of a micelle is more limited than that of a lipid bilayer. A lipid bilayer can span up to 107 Å or 106 nm. The lipid bilayer is not a rigid structures, rather they are quite fluid. The individual lipid molecules are able to move or diffuse laterally across the membrane quite easily, this process is called lateral diffusion. However, lipids have much more trouble flipping from one side of the membrane to the other, this process is called traverse diffusion or flip, because this would involve the polar head traveling through the hydrophobic core, and this interaction between polar and hydrophobic regions is unfavorable. So the lipid can move around laterally at a rate of about 2 micrometers per second, while it takes a much longer amount of time to flip flop. the fluidity of a lipid bilayer also depends on both the temperature and the hydrocarbon chain. As the temperature increases the fluidity of the lipid bilayer increases as well. Also the more cis double bonds the hydrocarbon tail has the more fluid the structure becomes. This is because when the hydrocarbon tail has cis double bonds it can no longer pack as well as the saturated hydrocarbon tail, so it becomes more fluid. Also the longer the hydrocarbon tail, the higher the transition temperature, which is the temperature at which the bilayer goes from rigid to fluid, this is because longer hydrocarbon tails can interact more strongly than shorter chains. Micelles form when the polar head and the non polar tails arrange in a special way. They are usually driven to arrange either with the polar heads out (oil in water) or with the polar head in (water in oil). Micelles only form when the concentration of surfactant is greater than the critical micelle concentration (CMC). The surfactant is any surface active material that can part the surface upon entering. The CMC is the concentration above surfactant when micelles will form spontaneously. The higher the concentration, the more micelles there are. Micelle formation also depend on the Krafft temperature. This temperature is when surfactants will form micelles. If the temperature is below the Krafft temperature, then there is no spontaneous formation of micelles. As the temperature increases, the surfactant will turn into a soluble form and be able to form micelles from a crystalline state. The hydrophobic effect is also a driving force that needs to be taken into account. This effect is characterized by the fact that like to form intermolecular aggregates in aqueous substances and in intramolecular molecules. Micelle formation can be summed up by thermodynamics, driven by entropy and enthalpy. Micelles usually form in soap molecules. Soap often form as micelles because they contain only one hydrocarbon chain instead of two. Therefore they make up the soap property. Micelles act as emulsifiers that allows a compound that is usually insoluble in water to dissolve. Detergents and soap work by inserting the long hydrophobic tails from soap into the insoluble dirt (such as oil) while the hydrophilic head face outside and surround the nonpolar dirt. Then, this micelle can be washed away since the outside of the micelle is soluble with the solvent, which is usually polar. This is the reason why soap helps clean oily and waxy substances off from dishes since water alone cannot pull the oil off. Micelles are also at work in the human body. Micelles help the body absorb lipid and fat soluble vitamins. They help the small intestine to absorb essential lipids and vitamins from the liver and gall bladder. They also carry complex lipids such as lecithin and lipid soluble vitamins (A, D, E and K) to the small intestine. Without micelles, these vitamins will not be able to be absorbed into the body which will lead to serious complications. Micelles also help clean the skin. Many facial washes use micelles to perform this task. They clean the skin by removing oil and other substances without the need of being washed afterward. Also, studying membrane proteins often utilize detergents because micelles can isolate, solubilize, and manipulate them [1] Vesicles are shown below as playing a role in exocytosis Exocytosis is the fusion of vesicles carrying neurotransmitter to the synapse where it is released. This allows the neurotransmitters to bind to the post-synaptic receptors in the post synapse Micelles show up as vesicles in biology. Unlike a micelle, however, vesicles contain a lipid bilayer, which is composed of two layers of phospholipids, arranged end to end with the hydrophobic layered buried between the two layers. A vesicle is a intracellular membrane bound sac that transports and stores substances within the cell. These vesicles store, transport, and digest waste and products from the cell. They can fuse with the plasma membrane to release things from the cell or come into the cell and put things in. Vesicles are important since they play a role in metabolism, transport, enzyme storage, and are chemical reaction chambers. The picture above shows how liposomes are formed. The vesicles trap the glycine after sonication. Sonication disperses the phospholipids into equal size vesicles of about 500 Å or 50 nm diameter sizes. The phospholipids form vesicles around the many molecules of glycine floating around. This is driven by the hydrophobic forces. After gel filtration, the vesicles are then separated from the rest of the glycine floating around. The function of this can be transport or storage of glycine to the appropriate targets. An enlarged view shows the single strand micelles around the hydrophobic glycine (Note that vesicles are, by definition, surrounded by a lipid bilayer so the image showing a monolayer of fatty acids or micelle surrounding the glycine is incorrect! Liposomes are vesicles, not micelles). The tails are inside with the glycine because they are hydrophobic while the heads face the outside which is surrounded by water. Biochemistry, Berg Micelle is an assembly of amphiphilic molecules suspended in a liquid. Surfactants dissociate in water, resulting in a colloidal suspension. They, as defined by IUPAC, are colloidal particles that exist in equilibrium with the molecules or ions in their solutions. They are highly valuable in the pharmaceutical industry because they can transport medications into liquids, increasing the solubility of some chemicals that are insoluble or only partially soluble. The creation of micelles is determined by the amount and shape of amphiphilic molecules, as well as the temperature and solvent characteristics. Adding amphiphilic molecules to a solvent causes them to self-assemble into micelles when the concentration exceeds a certain level. The system's differential free energy acts as a driving force for the creation of micelles. This concentration is known as the critical micelle concentration (CMC). Surfactant molecules that exceed the critical micelle concentration (CMC) form micelles, which play a crucial role in science and pharmacy by increasing the dissolution of mildly soluble substances. In a micelle, hydrophobic tails adhere to the inner core to reduce water contact, while hydrophilic heads remain at the outside surface to maximize water interaction. These structures are mobile and frequently form and dissociate in solution. A micelle is a cluster of amphiphilic molecules scattered in a liquid. Surfactants dissociate in water, resulting in a colloidal suspension. They are also known as associated colloidal systems. It is also known as an inverted micelle. In this micelle, the orientation of the surfactant molecules is reversed from that of a typical micelle. The hydrophilic heads of the surfactant molecules in an inverted micelle face inward towards the center, while the hydrophobic tails point outward towards the non-polar or oil-like surroundings around them. This structure is generally seen in non-aqueous solvents such as oils. The polar (hydrophilic) portions of the molecules avoid the solvent and congregate, resulting in an internal aqueous phase. Inverted micelles play an essential role in a variety of applications, including protein and enzyme extraction in non-aqueous settings, as well as certain types of nanotechnology and materials research. They form unique shapes and enclose molecules within their water-based core. A micelle is spherically shaped and made up of surfactant molecules with hydrophobic tails concealed from the surrounding liquid by hydrophilic heads. This structure reduces the system's free energy, resulting in the spontaneous creation of micelles when the concentration of surfactant molecules surpasses a specific limit, which is known as the critical micelle concentration (CMC). They are labile structures formed by the non-covalent combination of individual surfactant monomers. They can be spherical, cylindrical, or planar (discs or bilayers). Their shape and size can be controlled by surfactant chemical structure and solution conditions such as temperature, concentration, composition, ionic strength, and pH. Spherical micelles: They have an interior made of hydrocarbon chains and a polar head group surface that covers water. The hydrocarbon core has a radius similar to the length of an alkyl chain. Cylindrical micelles: They consist of hydrocarbon chains and polar head groups on the aqueous surface. The hydrocarbon core has the same cross-section as spherical micelles. The micelle length fluctuates, indicating polydispersity. Lamellar phase micelle: Surfactant bilayers consist of lamellar liquid crystals with a surfactant water system. The hydrocarbon core is 80% the length of two extended alkyl chains. Reversed or inverted micelle: The core of a reversed or inverted micelle is water, whereas the polar head contains surfactants. The continuous medium consists of non-polar solvents and alkyl chains. They, like conventional micelles, can form cylindrical structures. Bicontinuous structure: A bicontinuous structure with surfactant molecules arranged into linked films. Vesicles: They are made of bilayers, similar to the lamellar phase, and have two water compartments: one for forming the core and one for the exterior medium. Vesicles can vary in shape, including reversed types. They dissolve hydrophobic compounds in their hydrophobic core, which is critical for their function as detergents. Depending on conditions like temperature and surfactant concentration, micelles change their size and shape. They are not static. Their constituent molecules continuously exchange with the surrounding solution. They begin to develop at a specific concentration level. The concentration of amphiphilic molecules is known as the critical micelle concentration (CMC). The critical micelle concentration (CMC) refers to the concentration of surfactants that causes micelles to develop and directs additional surfactants to the micelles. The CMC refers to the precise amount of surfactant required for aggregates to become thermodynamically soluble in a liquid solution. CMC is an essential surfactant property. Surface tension varies significantly with surfactant concentration before attaining CMC. The CMC of a dispersant in a medium varies according to temperature, pressure, and the presence of surface active chemicals and electrolytes. One can determine the CMC of a surfactant by assessing its physical attributes, including detergency, osmotic pressure (π), surface tension (γ), conductivity (κ) for ionic surfactants, etc. Factors Affecting Critical Micelle Concentration(CMC) Factors influencing the (CMC) It is crucial to research the variables that may have an impact on the CMC because the characteristics of the solution change dramatically after micelles form.1. Amphiphile structure: As surfactants become more hydrophobic, their CMC decreases. Ionic surfactants often have higher CMC in aqueous solution compared to non-ionic surfactants. 2. Experimental conditions: High temperature leads to decreased hydration of hydrophilic groups, promoting micellization (low CMC). High temperatures may destabilize structured water around head groups, increasing CMC. pH: CMC will be high when the head group is charged, for example: Low pH for the -COOH head group and high pH for the -NH2 group will raise the CMC in both circumstances. 3. Bulky hydrophobic/hydrophilic groups Because it is difficult to incorporate bulky groups into the micelle's core, surfactant bulkiness raises the CMC. 4. Existence of Additives A high ionic strength solution reduces repulsion between head groups due to the presence of counter ions, resulting in a lower CMC. Organic chemicals (impurities) may enter micellar areas or alter the interaction between solvent and micelles. Urea and formaldehyde may disrupt the H-bonding network, leading to a rise in CMC. Polymeric micelles (PMs) are micelles, however, the amphiphilic molecules found in solution are macromolecules. PMs have bigger hydrophobic blocks, resulting in lower CMC values compared to ordinary micelles. Therefore, PMs are more stable in dilute solutions. PMs are distinguished from traditional micelles by the following properties. Larger volume, typically 10–100nm in diameter. Lower CMC, however, exists in equilibrium with isolated macromolecules. PMs exhibit improved thermodynamic and kinetic stability. Polymers' biological stability and diversity make designing hydrophilic and hydrophobic blocks of PMs easier.PMs are typically spherical. Since polymeric micelles are made of amphiphilic block copolymers, they are often more stable than surfactant micelles in physiological fluids. Polymeric micelles' small size (